

December 2024

Mon

Tue

Wed

Thu

Fri



<p>2 Egg Patty Oatmeal Biscuit and Gravy Vanilla Yogurt Banana Milk</p>	<p>3 Chili with Beans Baked Potato Butter/Sour Cream Saltines Clementine Milk</p>	<p>4 Breaded Pork Chop Cooked Cabbage Black Eyed Peas Whole Grain Roll Fried Apples Milk</p>	<p>5 Chicken Rice Casse- role Broccoli Whole Grain Roll Margarine Cinnamon Applesauce Milk</p>	<p>6 Sloppy Joe Creamy Cole Slaw Green Beans Banana Milk</p>
<p>9 Fish Sticks Scalloped Potatoes Brussel Sprouts Whole Grain Roll Margarine Peaches Milk</p>	<p>10 Pork Chop with Mush- room Gravy Macaroni & Tomatoes Mashed Potatoes Whole Grain Roll Margarine Applesauce Milk</p>	<p>11 Pork with Kraut Mashed Potatoes Green Peas Whole Grain Roll Margarine Black Forest Brownie Milk</p>	<p>12 Oven Fried Chicken Baked Sweet Potato Green Beans Whole Grain Roll Margarine Vanilla Pudding Milk</p>	<p>13 Cheeseburger Deluxe Potato Wedges Baked Beans Red Grapes Milk</p>
<p>16 Bean with Ham Soup Seasoned Greens Cornbread Margarine Apple Slices Peanut Butter V8 Vegetable Juice Milk</p>	<p>17 Salisbury Steak Green Peas Mashed Potatoes Whole Grain Roll Margarine Chocolate Chip Cookie Red Grapes Milk</p>	<p>18 Orange Glazed Chicken Brown Rice Stir Fry Vegetable Blend Apple Crisp V8 Vegetable Juice Milk</p>	<p>19 Turkey & Stuffing Casserole Green Beans Mashed Potatoes Whole Grain Roll Peaches Chocolate Pudding Milk</p>	<p>20 BBQ Chicken Breast Sweet Potatoes Zucchini & Squash Whole Grain Roll Margarine Frosted Gelatin with Fruit Milk</p>
<p>23 Fish Sandwich Broccoli & Cauliflower Scalloped Potatoes Applesauce Milk</p>	<p>24 </p>	<p>25 </p>	<p>26 </p>	<p>27 Pasta with Spaghetti Meat Sauce Tossed Salad Italian Dressing Whole Grain Breadstick Pineapple Chinks Milk</p>
<p>30 Grilled Chicken Sand- wich Roasted Red Potatoes Carrots Sugar Cookie Peaches Milk</p>	<p>31 </p>			

This menu is available in all 9 PACS Senior Centers - Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties

Pennyrile Allied Community Services
 Making a difference in Kentucky



LIVE UNITED. 

All menu items are subject to change based on availability.
PACS