February 2025

Mon	Tue	Wed	Thu	Fri
3 Grilled Chicken Sandwich Roasted Red Potatoes Carrots Sugar Cookie Peaches Milk	4 Meatloaf Mashed Potatoes Green Peas Whole Grain Roll Mixed Fruit Milk	5 Herbed Pork Loin Whipped Sweet Potatoes Green Beans Whole Grain Roll Margarine Cinnamon Applesauce Milk	6 Roast Turkey Scalloped Potatoes Lima Beans Whole Grain Roll Margarine Mixed Fruit Milk	7 Baked Chicken Succotash Macaroni & Cheese Whole Grain Roll Margarine Red Grapes Chocolate Chip Cookie Milk
10 Egg Patty Oatmeal Biscuit and Gravy Vanilla Yogurt Banana Milk	11 Chili with Beans Baked Potato Butter/Sour Cream Saltines Clementine Milk	12 Breaded Pork Chop Cooked Cabbage Black Eyed Peas Whole Grain Roll Fried Apples Milk	13 Chicken Rice Casserole Broccoli Whole Grain Roll Margarine Cinnamon Applesauce Milk	Sloppy Joe Creamy Cole Slaw Green Beans Banana Milk
Fish Sticks Scalloped Potatoes Brussel Sprouts Whole Grain Roll Margarine Peaches Milk	18 Pork Chop with Mushroom Gravy Macaroni & Tomatoes Mashed Potatoes Whole Grain Roll Margarine Applesauce Milk	19 Pork with Kraut Mashed Potatoes Green Peas Whole Grain Roll Margarine Black Forest Brownie Milk	20 Oven Fried Chicken Baked Sweet Potato Green Beans Whole Grain Roll Margarine Vanilla Pudding Milk	21 Cheeseburger Deluxe Potato Wedges Baked Beans Red Grapes Milk
24 Bean with Ham Soup Seasoned Greens Cornbread Margarine Apple Slices Peanut Butter V8 Vegetable Juice Milk	25 Salisbury Steak Green Peas Mashed Potatoes Whole Grain Roll Margarine Chocolate Chip Cookie Red Grapes Milk	26 Orange Glazed Chicken Brown Rice Stir Fry Vegetable Blend Apple Crisp V8 Vegetable Juice Milk	27 Turkey & Stuffing Casserole Green Beans Mashed Potatoes Whole Grain Roll Peaches Chocolate Pudding Milk	28 BBQ Chicken Breast Sweet Potatoes Zucchini & Squash Whole Grain Roll Margarine Frosted Gelatin with Fruit Milk
	Hap Valenti			
This menu is available in all 9 PACS Senior Centers - Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties	Pennyrile Allied	Community Services Making a difference in Rentireky	Community CHOI PACHAGES BUILD	All menu items are subject to change based on availability. PACS